



Privacy Notice

In May 2018 the Data Protection Act was replaced by the General Data Protection Regulations (GDPR). The changes to the Data Protection Act are aimed at ensuring that your personal, confidential and sometimes sensitive data, is held privately and securely.

How long will you hold my information for?

In line with the National Council for Hypnotherapy guidelines, written records will be stored securely for 8 years after the last interaction with an adult client and up to the age of 25 for a child under 16 when last seen, or up to the age of 26 yrs for a 17-18 year old.

What if I would like my data to be destroyed before this date?

Under GDPR rules, you are able to request the deletion of any of your records at any time

Am I able to see or get a copy of the information held by you?

In line with GDPR, yes, within 30 days

What are your reasons for collecting this information?

Your personal information is required to enable me to contact you solely in connection with the therapy sessions and to provide a factual record of those sessions.

How do I know that you will store my information securely?

Your personal or sensitive information will be stored in a password-protected file on my password-protected personal laptop.

Are our discussions within the hypnotherapy sessions confidential?

Yes, unless I need support from my supervisor or I believe that you are about to harm yourself or another.

What if I see you outside of a hypnotherapy session?

I will be guided by you in this, as a default I would not acknowledge you in order to protect the confidential nature of this relationship.

Will you discuss information about me with other health and social care professionals?

Only with your written consent.

Who is the Data Controller and what is their ICO registration number?

Mark Bensusan is the data controller, registration with the ICO is pending.



Association for
SOLUTION FOCUSED HYPNOTHERAPY